



FIND THE BEST TREATMENT FOR YOU

When you visit your dermatologist, make sure to arm yourself with as much information as you can about actinic keratoses (AKs) and the various treatment options that are available. Having an open discussion with your dermatologist helps ensure you will get the treatment that best fits you and your lifestyle. Use the list of important questions below as a starting point.

Examples of questions to ask the dermatologist:

- Are my “sunspots” AKs?
- If they need to be treated, what are “all” the available treatment options?
- What are the unique benefits of each of the available treatments?
- How is each treatment administered?
- How long does each treatment take?
- What side effects should I expect with these treatments?
- Do any of these treatments cause scarring?
- Do all of the options require a prescription to fill?
- How will each of the options affect my ability to engage normally in my every day activities?

Additional questions:

If you need to find a dermatologist in your area, go to **www.spotsofAK.com**. Frequent skin examinations are the key to early detection and prevention.